Zeitplan Deutsche-Senioren-Hallenmeisterschaften

Stand: 19.02.2004

Zeit	Läufe Samstag 2004	Hoch	Hoch	Stab	Weit	Weit	Kugel	Diskus	Hammer	Speer	Speer
		Anlage 1	Anlage 2		Anlage 1	Anlage 2		Stadion 2	Stadion 1		
09:15	3000m Bahngehen M55-70										
09:40	3000m Bahngehen M30-55							W40/45	M30/35		
10:00				M40/45	M 30				M40/45		
10:05	60m VL W40								7,26kg		
10:15	60m VL W35										
10:25	60m VL W30							1kg			
10:30	60m VL M65				W 55/ 60/						
10:40	60m VL M60				65				M50/55		
10:50	60m VL M55								6kg		
11:00	60m VL M50						M60 65				
11:10	60m VL M45						5kg	W50/55			
11:20	60m VL M40							1kg			
11:30	60m VL M35										
11:40	60m VL M30				W30						
11:50	60m ZEL W65+älter										
11:55	60m ZEL W60										
12:00	60m ZEL W55							M50/55			
12:05	60m ZEL W50							1,5kg			
12:10	60m ZEL W45								W40/45		
12:15	60m EL W40								4kg		
12:20	60m EL W35				M 35						
12:25	60m EL W30										
12:30	60m ZEL M70+älter										
12:35	60m EL M65										
12:40	60m EL M60										
12:45	60m EL M55						W30 /35				
12:50	60m EL M50						4kg				
12:55	60m EL M45										
13:00	60m EL M40			M30/35							
13:05	60m EL M35										
13:10	60m EL M30				W35						
13:30	800m ZEL W60/55/50							M40/45	M60/65		
13:45	800m ZEL W45/40							2kg			
13:55	800m ZEL W35/30	W40/45	M45						5kg		
14:00								M30/35	M70		
14:05	800m ZEL M70/ 65						W 60	2kg			
14:15	800m ZEL M60/55						3kg				
14:25	800m ZEL M50										
14:35	800m ZEL M45					M 40					
14:45	800m ZEL M40										
14:55	800m ZEL M35/30						W50 /55		W30/35		
							3kg		4kg		
15:15											
15:20	3000mZEL W65/60/55/50										
15:30			W30/35								
15:50	3000mZEL W45/40/35/30			M50/55	W40						
16:00							M50 /55		W50/55		
16:15	200m ZEL W65						6kg				
16:25	200m ZEL W60								3kg		
16:30									W60/65/70		
16:35	200m ZEL W55										
16:45	200m ZEL W50					M 45					
16:55	200m ZEL W45										
17:00		M30 /35									
17:05	200m ZEL W40					12					
17:20	200m ZEL W35										
17:30	200m ZEL W30										
17:40	200m ZEL M70										
17:50	200m ZEL M65				M50						
18:00							M40				
18:05	200m ZEL M60						7,26kg				
18:15				W30-55							
18:25	200m ZEL M55			-+älter			M45				
18:30			W50/55				7,26kg				
18:40	200m ZEL M50				W45						
18:50	200m ZEL M45										

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Zeit	Läufe (Sonntag)	Hoch	Hoch	Drei	Weit		Kugel	Diskus	Hammer	Speer	Speer
19:00	200m ZEL M40										
19:10	200m ZEL M35										
19:20	200m ZEL M30										
19:30											
	Sonntag 2004										
		Anlage 2	**Anlage 1**					**Stadion 1**		**Stadion1**	**Stadion 2**
09:00	3000m Bahngeh. W30-60									M60/65	M30/35
09:30	400m ZEL W60/55/50		M40	M30 /35	M 55		W 65/70			600g	
09:40	400m ZEL W45						3kg				M40/45
09:50	400m ZEL W40										800g
10:00	400m ZEL W35										
10:10	400m ZEL W30										
10:20	400m ZEL M65				W50		M30 /35				
10:30	400m ZEL M60						7,26kg				
10:40	400m ZEL M55							M60/65			
10:55	400m ZEL M50	M65	M60					+älter 1kg			
11:00				M40 /45							W30/35
11:05	400m ZEL M45										
11:20	400m ZEL M40				M60						
11:30	400m ZEL M35										600g
11:40	400m ZEL M30						W40/ 45				
11:55	3000m ZEL M70/65/60						4kg				
12:00											
12:15	3000m ZEL M55	M50	M55								
12:35	3000m ZEL M50				M65/ 70						
12:40				M50 /55							
12:45								W30/35			
12:55	3000m ZEL M45				+älter						
13:00				+älter				1kg			W60/65/70
13:15	3000m ZEL M40										400g
13:35	3000m ZEL M35/30										
13:45							M70 4kg				
14:00		W60/65					+älter				M50/55
14:10	4x200m W40							W60/65			700g
14:20	4x200m W30 + W50							+älter 1kg			
14:30	4x200m M60										
14:40	4x200m M50										
14:50	4x200m M40										
15:00	4x200m M30										W50/55
15:10	60mHü ZEL W 45/40										500g
15:20	60mHü ZEL W 35/30										
15:30	60mHü ZEL M55/50										
15:40	60mHü ZEL M45/40										
15:45	60mHü ZEL M30/35										