

Ergebnisse

Cross-Duathlon

| Start-Nr. | Name | Vorname | Ort | Zeit | Platz Gesamt | Platz Alterskl. | Alterskl. |
|-----------|---------------|------------------------|----------------------|-------------------------|--------------|-----------------|-----------|
| 001 | Lauter | Alexandra | Burgschwalbach | 01:23:48 | 1 | 1 | W40 |
| 002 | Hannappel | Volkmar | Burgschwalbach | 01:31:33 | 10 | 2 | M45 |
| 003 | Spiestersbach | Bernd | Burgschwalbach | 01:29:23 | 9 | 1 | M50 |
| 004 | Dietrich | Ralf | Burgschwalbach | 01:23:20 | 6 | 1 | M45 |
| 005 | Latza | Thorsten | Burgschwalbach | 01:48:25 | 13 | 5 | M40 |
| 006 | Ungethuem | Stefan | Taunusstein | 01:12:31 | 2 | 1 | M35 |
| 007 | Lauter | Janosch | Burgschwalbach | 01:17:00 | 3 | 1 | M13 |
| 008 | Pulch | Christina | Burgschwalbach | 01:23:48 | 1 | 1 | W35 |
| 009 | Achenbach | Thilo | Eppenrod | 01:21:05 | 5 | 2 | M40 |
| 010 | Bremenkamp | Dennis | Burgschwalbach | 01:41:28 | 12 | 1 | M15 |
| 011 | Borst | Armin | Hahnstaetten | 01:04:37 | 1 | 1 | M40 |
| 012 | Walter | Bernd | Burgschwalbach | 01:31:57 | 11 | 4 | M40 |
| 013 | Kunz | Fabian | Burgschwalbach | 01:27:23 | 8 | 1 | M16 |
| 014 | Funk | Ralf | Burgschwalbach | 01:26:42 | 7 | 3 | M40 |
| 15 | Hessler | Matthias | Aarbergen Kettenbach | 01:18:47 | 4 | 1 | M20 |
| 051 | l r | Roth Bender | Volker Detlef | Burgschwalbach | 01:23:57 | 4 | |
| 052 | r l | Schuhmacher Meßmer | Björn Frank-Peter | Burgschwalbach Mainz | 01:13:42 | 3 | |
| 053 | r l | Butzbach Biebricher | Joerg Frank | Burgschwalbach | 01:07:55 | 2 | |
| 054 | r l | Werner Müller | Timo Selina | Schiesheim | 01:07:04 | 1 | |

Waldlauf 15km

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|-----|-----------|--------|----------------|----------|---|---|-----|
| 101 | Pulch | Dirk | Burgschwalbach | 01:23:08 | 7 | 2 | M35 |
| 102 | Weiß | Doris | Burgschwalbach | 01:24:35 | 3 | 2 | W45 |
| 103 | Maxeiner | Erhard | Katzenelnbogen | 01:13:31 | 2 | 1 | M55 |
| 104 | Steinborn | Gulja | Nastaetten | 01:15:09 | 1 | 1 | W30 |
| 105 | Meyer | Edgar | Gutenacker | 01:57:46 | 9 | 1 | M50 |

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|-----|-------------|--------|----------------|----------|---|---|-----|
| 106 | Biel | Peter | Hahnstaetten | 01:21:33 | 6 | 1 | M45 |
| 107 | Schuhmacher | Achim | Burgschwalbach | 01:19:24 | 4 | 1 | M40 |
| 108 | Gohlke | Markus | Oberneisen | 01:18:46 | 3 | 1 | M35 |
| 109 | Mueller | Volker | Biebrich | 01:13:28 | 1 | 1 | M30 |
| 110 | Mueller | Heidi | Biebrich | 01:23:27 | 2 | 1 | W45 |
| 111 | Oliver | Meyer | Gutenacker | 01:36:46 | 8 | 3 | M20 |
| 112 | Mueller | Soeren | Oberneisen | 01:21:04 | 5 | 2 | M20 |
| 113 | Loevenich | Sascha | | 01:18:35 | 2 | 1 | M20 |

Waldlauf 10km

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|-----|--------------------|----------|----------------|----------|---|---|-----|
| 151 | Mueller | Thomas | Schiesheim | 00:47:56 | 2 | 2 | M40 |
| 152 | Ohlemacher | Ulrich | Burgschwalbach | 00:49:04 | 3 | 1 | M45 |
| 153 | Schlutter | Udo | Flacht | 00:45:48 | 1 | 1 | M40 |
| 154 | Danowski | Michael | Flacht | 00:50:19 | 5 | 1 | M35 |
| 155 | Nuhn | Andreas | Niederneisen | 00:49:28 | 4 | 3 | M40 |
| 156 | Ohlemacher | Jörg | Burgschwalbach | 00:56:42 | 7 | 4 | M40 |
| 157 | Mueller-Ohlemacher | Christel | Burgschwalbach | 01:38:39 | 1 | 1 | W50 |
| 158 | Scheib | Holger | Mudershausen | 00:56:34 | 6 | 2 | M35 |
| 159 | Fink | Thomas | Wiesbaden | 00:57:35 | 8 | 1 | M50 |

Nordic-Walking 10km

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|-----|-------------|------------|----------------|----------|----|---|-----|
| 202 | Lauter | Margit | Burgschwalbach | 01:30:07 | 5 | 2 | W55 |
| 203 | Rohr | Roswitha | Burgschwalbach | 01:27:59 | 2 | 1 | W55 |
| 204 | Konradi | Lisbeth | Burgschwalbach | 01:45:24 | 18 | 1 | W65 |
| 205 | Gros | Marlies | Burgschwalbach | 01:45:24 | 18 | 2 | W50 |
| 206 | Funk | Karl-Heinz | Burgschwalbach | 01:32:53 | 3 | 1 | M40 |
| 207 | Funk | Susanne | Burgschwalbach | 01:42:13 | 13 | 4 | W40 |
| 208 | Funk | Julia | Burgschwalbach | 01:29:05 | 3 | 1 | W14 |
| 209 | Schaefer | Beate | Dauborn | 01:55:21 | 22 | 3 | W50 |
| 210 | Look | Liane | Burgschwalbach | 01:30:07 | 5 | 1 | W45 |
| 211 | Susan | Preuß | Hahnstaetten | 01:40:44 | 12 | 1 | W30 |
| 212 | Ottilie | Faust | Hahnstaetten | 01:30:07 | 5 | 1 | W45 |
| 213 | Schmoeger | Silke | Burgschwalbach | 01:55:21 | 22 | 6 | W40 |
| 214 | Lauf | Silvia | Burgschwalbach | 01:34:18 | 10 | 3 | W40 |
| 215 | Schuhmacher | Petra | Burgschwalbach | 01:33:12 | 8 | 2 | W40 |
| 216 | Butzbach | Marion | Burgschwalbach | 01:27:50 | 1 | 1 | W40 |
| 217 | Klein | Cornelia | Koerdorf | 01:55:33 | 23 | 4 | W50 |
| 218 | Eckhardt | Monika | Koerdorf | 01:43:28 | 15 | 1 | W50 |

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|-----|------------|-------------|----------------|----------|----|---|-----|
| 219 | Jost | Helga | Koerdorf | 01:48:23 | 20 | 4 | W55 |
| 220 | Habig | Inge | Koerdorf | 01:48:23 | 20 | 4 | W55 |
| 221 | Allwohn | Ulrike | Burgschwalbach | 01:42:13 | 13 | 4 | W40 |
| 222 | Allwohn | Kathrin | Burgschwalbach | 01:29:05 | 3 | 1 | W15 |
| 224 | Scherer | Karl-Dieter | Burgschwalbach | 01:27:27 | 1 | 1 | M60 |
| 225 | Scherer | Ellen | Burgschwalbach | 01:43:40 | 17 | 1 | W60 |
| 226 | Schuetz | Ute | Hahnstaetten | 01:34:18 | 9 | 1 | W35 |
| 227 | Neidhoefer | Helga | Gutenacker | 01:43:28 | 15 | 3 | W55 |
| 228 | Mueller | Kerstin | | 01:56:39 | 24 | | |
| 264 | Zimmer | Karola | Katzenelnbogen | 01:34:45 | 11 | 2 | W45 |
| 265 | Zimmer | Ralf | Katzenelnbogen | 01:27:27 | 1 | 1 | M45 |

Nordic-Walking 15km

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|-----|----------|-----------|----------------|----------|---|---|-----|
| 252 | Kimpel | Susanne | Burgschwalbach | 02:08:34 | 1 | 1 | W45 |
| 253 | Hoffmann | Josef | Burgschwalbach | 02:16:08 | 3 | 3 | M45 |
| 254 | Hoffmann | Petra | Burgschwalbach | 02:14:31 | 4 | 4 | W45 |
| 255 | Konradi | Mira | Burgschwalbach | 02:14:31 | 4 | 1 | W35 |
| 258 | Christ | Peter | Koerdorf | 02:08:34 | 1 | 1 | M45 |
| 260 | Krugel | Bernhard | Koerdorf | 02:08:34 | 1 | 1 | M45 |
| 261 | Meyer | Siliva | Gutenacker | 02:11:55 | 2 | 2 | W45 |
| 263 | Thill | Hannelore | Koerdorf | 02:25:27 | 6 | 5 | W45 |
| 266 | Weiland | Martina | Rettert | 02:11:55 | 2 | 2 | W45 |