

5 km Straßenlauf (5000 m)

| Anzahl der Teilnehmer: | | 22 | | | | |
|--------------------------|-------|-------|-------------------|------|------|------|
| Verein | StNr. | Code | NAME Vorname | Jg | Nat. | Chip |
| LG Bernkastel/Wittlich | 808 | 10259 | Schmitt Laura | 1993 | D | |
| LG Kreis Ahrweiler | 816 | 11060 | Giffels Oliver | 1994 | D | |
| | 817 | 10448 | Schraa Janina | 1993 | D | |
| LG Rhein-Wied | 823 | 11478 | Gröber Matthias | 1993 | D | |
| LG Sieg | 820 | 10315 | Arndt Esther | 1993 | D | |
| | 819 | 9956 | Blanke Hannah | 1993 | D | |
| | 812 | 10319 | Enderling Michel | 1993 | D | |
| | 821 | 10908 | Hof Vanessa | 1993 | D | |
| | 813 | 12109 | Kohl Christian | 1993 | D | |
| | 811 | 10343 | Mockenhaupt Jonas | 1994 | D | |
| | 809 | 10323 | Rohner Meike | 1993 | D | |
| | 810 | 10748 | Stock Maximilian | 1993 | D | |
| LG Vulkaneifel | 818 | 9912 | Zenzen Mirco | 1993 | D | |
| LSC Maischeid | 822 | 9636 | Schmalebach Nick | 1993 | D | |
| Post-Sport Telekom Trier | 814 | 12025 | Berg Mira | 1994 | D | |
| SV Oberweis | 802 | 10749 | Bales Christian | 1993 | D | |
| | 803 | 11484 | Köhler Irina | 1993 | D | |
| | 804 | 11483 | Zehren Diana | 1994 | D | |
| TuS Niederneisen | 805 | 10303 | Müller Selina | 1993 | D | |
| | 801 | 10304 | Roth Charlotte | 1993 | D | |
| TV Hermeskeil 1911 | 806 | 9827 | Knüttel Marcel | 1993 | D | |
| | 807 | 10794 | Theis Lucas | 1993 | D | |

10 km Straßenlauf (10 km)

| Anzahl der Teilnehmer: | | 129 | | | | |
|------------------------|-------|-------|--------------------|------|------|------|
| Verein | StNr. | Code | NAME Vorname | Jg | Nat. | Chip |
| "Laufzwang" Wippetal | 304 | 10024 | Lichte Hans-Jürgen | 1954 | D | |
| FC Ormont | 339 | 10218 | Theißen Paul | 1947 | D | |
| LA TuS Mayen | 403 | 1644 | Meyer Karin | 1953 | D | |
| Lauffreunde Naheland | 349 | 8757 | Baumgarten Werner | 1940 | D | |
| | 346 | 176 | Birk Karl-Hans | 1947 | D | |
| | 344 | 11355 | Fuchs Hartmut | 1957 | D | |

10 km Straßenlauf (10 km)

| Anzahl der Teilnehmer: | | 129 | | | | |
|-------------------------------|-------|-----------------------|---------------------|------|------|------|
| Verein | StNr. | Code | NAME Vorname | Jg | Nat. | Chip |
| Lauffreunde Naheland | 340 | 11229 | Fuchs Ruth | 1968 | D | |
| | 347 | 726 | Göbel Werner | 1943 | D | |
| | 353 | 986 | Hoppe Arnold | 1932 | D | |
| | 350 | 11946 | Hoyden Norbert | 1944 | D | |
| | 342 | 10727 | Kohlmayer Barbara | 1970 | D | |
| | 341 | 12284 | Kresa Alexandra | 1971 | D | |
| | 348 | 11198 | Leister Hans-Jürgen | 1943 | D | |
| | 345 | 4985 | Schwaab Hans-Jürgen | 1957 | D | |
| | 352 | 2498 | Steenbakkers Jan | 1942 | D | |
| | 351 | 6448 | Wagner Oliver | 1968 | D | |
| | 343 | 2897 | Zimmermann Peter | 1950 | D | |
| LAZ Birkenfeld | 419 | 12353 | Brombacher Lisa | 1988 | D | |
| | 416 | 9837 | Müller Dr. Martin | 1936 | D | |
| | 418 | 8480 | Platz Julia | 1990 | D | |
| | 417 | 9681 | Schäfer Elsbeth | 1942 | D | |
| | 420 | 7788 | Schuch Anna-Sophie | 1988 | D | |
| LC 1980 Bad Kreuznach | 301 | 8427 | Hennemann Anna | 1963 | D | |
| LG Bernkastel/Wittlich | 398 | 14 | Adamietz Michael | 1972 | D | |
| | 325 | 5110 | Andries Kurt | 1962 | D | |
| | 324 | 10403 | Arend Friedel | 1940 | D | |
| | 322 | 11802 | Bakali Michaela | 1972 | D | |
| | 330 | 7667 | Bernard Michael | 1973 | D | |
| | 337 | 10774 | Dusemund Dennis | 1991 | D | |
| | 329 | 10910 | Gerhard Jochen | 1968 | D | |
| | 333 | 8915 | Haas Julian | 1989 | D | |
| | 321 | 10404 | Haas Marion | 1963 | D | |
| | 328 | 11926 | Hamann Theo | 1954 | D | |
| | 332 | 1240 | Koch Thomas | 1976 | D | |
| | 331 | 5908 | Moseler Johannes | 1986 | D | |
| | 335 | 7510 | Plein Steffen | 1989 | D | |
| | 323 | 10574 | Rach Katharina | 1990 | D | |
| | 336 | 8913 | Roth Tobias | 1991 | D | |
| | 326 | 11509 | Schäfer Peter | 1962 | D | |
| | 327 | 6449 | Schmitt Stefan | 1964 | D | |
| | 338 | 7165 | Siebenborn Martin | 1987 | D | |
| | 334 | 11874 | Ulrich Patrick | 1987 | D | |
| 381 | 10338 | Westhöfer Franz-Josef | 1965 | D | | |
| LG Bitburg-Prüm | 319 | 7706 | Bohlen Birgit | 1957 | D | |
| | 320 | 1453 | Leinen Hans-Josef | 1950 | D | |
| LG Kreis Ahrweiler | 382 | 9829 | Cocker Kenton | 1992 | GBR | |

10 km Straßenlauf (10 km)

| Anzahl der Teilnehmer: | | 129 | | | | |
|---------------------------------|-------|-------------|--------------------|------|------|------|
| Verein | StNr. | Code | NAME Vorname | Jg | Nat. | Chip |
| LG Kreis Ahrweiler | 387 | 1034 | Jahr Michael | 1952 | D | |
| | 383 | 9199 | Kolberg Jan | 1992 | D | |
| | 391 | 11851 | Kolberg Swantje | 1959 | D | |
| | 388 | 3510 | Kube Joachim | 1950 | D | |
| | 389 | 1642 | Meyer Hans | 1948 | D | |
| | 385 | 1651 | Meyer Thorsten | 1977 | D | |
| | 384 | 9418 | Schlich Dario | 1991 | D | |
| | 386 | 9698 | Uhren Gerd | 1964 | D | |
| | 390 | 12233 | Zinn Anja | 1969 | D | |
| LG Lahn-Aar-Esterau | 306 | 6202 | Fischer Julia | 1987 | D | |
| | 308 | 3594 | Gehlsdorf Jörg | 1983 | D | |
| | 309 | 8867 | Mohr Manuel | 1980 | D | |
| | 310 | 1773 | Müller Rüdiger | 1958 | D | |
| | 305 | 9613 | Pfeiffer Julian | 1992 | D | |
| | 307 | 5564 | Schreck Kai-Ulrich | 1985 | D | |
| LG Rhein-Wied | 404 | 8140 | Brückner Torsten | 1987 | D | |
| | 414 | 420 | Dott Hans | 1935 | D | |
| | 405 | 7188 | Drescher Mathäus | 1987 | D | |
| | 413 | 651 | Fürst Horst | 1938 | D | |
| | 410 | 1113 | Kaul Edi | 1952 | D | |
| | 409 | 11103 | Kirchesch Volker | 1953 | D | |
| | 407 | 6441 | Küpper Patrick | 1968 | D | |
| | 411 | 1664 | Michels Bernd | 1940 | D | |
| | 408 | 6459 | Schäfer Norbert | 1955 | D | |
| | 412 | 2538 | Still Hans-Albert | 1938 | D | |
| 406 | 2573 | Sülzen Marc | 1971 | D | | |
| LG Sieg | 395 | 10975 | Höfer Ansgar Sören | 1991 | D | |
| | 392 | 9371 | Jung Marcel | 1992 | D | |
| | 354 | 9867 | Seelbach Knut | 1974 | D | |
| | 393 | 9021 | Utsch Michael | 1992 | D | |
| | 394 | 12234 | Wellmann Stephan | 1992 | D | |
| LG Vulkaneifel | 396 | 1539 | Luxen Richard | 1959 | D | |
| | 397 | 2590 | Theisen Ferdi | 1941 | D | |
| Post-Sport Telekom Trier | 363 | 12235 | Acar Metin | 1990 | D | |
| | 365 | 11810 | Berg Marvin | 1991 | D | |
| | 378 | 11626 | Bermes Chiara | 1993 | D | |
| | 429 | | Betzler Linda | 1992 | D | |
| | 361 | 6590 | Braumann Oskar | 1968 | D | |
| | 376 | 11396 | Dahlem Jana | 1991 | D | |
| | 360 | 11972 | Fischer Oliver | 1972 | D | |

10 km Straßenlauf (10 km)

| Anzahl der Teilnehmer: | | 129 | | | | |
|---------------------------|-------|-----------------|---------------------|------|------|------|
| Verein | StNr. | Code | NAME Vorname | Jg | Nat. | Chip |
| Post-Sport Telekom Trier | 366 | 9746 | Franke Pascal | 1992 | D | |
| | 423 | 11973 | Hein Jürgen | 1971 | D | |
| | 359 | 9094 | Herrig Reinhard | 1968 | D | |
| | 358 | 5746 | Hoffmann Tobias | 1979 | D | |
| | 372 | 11975 | John Veronika | 1984 | D | |
| | 424 | 8942 | Klaeren Antoinette | 1962 | D | |
| | 377 | 8943 | Klaeren Catherine | 1992 | D | |
| | 373 | 8665 | Klaeren Julia | 1990 | D | |
| | 355 | 8666 | Klaeren Philipp | 1988 | D | |
| | 380 | 11774 | Klinkhammer Anja | 1969 | D | |
| | 369 | 11431 | Kremer Bruno | 1965 | D | |
| | 374 | 11510 | Kuhnen Maia | 1991 | D | |
| | 362 | 10271 | Lutgen Nikolaus | 1961 | D | |
| | 379 | 9588 | Lütticken Irmgard | 1963 | D | |
| | 370 | 5440 | Olinger Judith | 1984 | D | |
| | 367 | 9650 | Oster Pascal | 1992 | D | |
| | 375 | 7473 | Reuter Mona | 1989 | D | |
| | 371 | 7246 | Rösner Nora | 1987 | D | |
| | 426 | 10243 | Schuff Carlo | 1980 | D | |
| | 368 | 2399 | Schütze Marco | 1970 | D | |
| | 425 | 11808 | Stach Maurice | 1993 | D | |
| | 356 | 12306 | Vass Viktor | 1979 | D | |
| | 427 | | Werhan Dominik | 1993 | | |
| 357 | 7875 | Werland Philipp | 1990 | D | | |
| 364 | 11394 | Wolf Jürgen | 1957 | D | | |
| Silvesterlauf Trier e.V. | 430 | 10081 | Tilly Hans | 1951 | D | |
| Spiridon Hochwald | 316 | 11170 | Wessely Tina | 1976 | D | |
| Spvgg. Wildenburg e.V. | 402 | 9883 | Kohlhaas Lutz | 1972 | D | |
| TG Konz | 315 | 925 | Hermesdorf Wilfried | 1957 | D | |
| | 415 | 11485 | von Wirth Dominik | 1990 | D | |
| Turngesell. Trier 1880 e. | 311 | 11608 | Girault Alfred | 1933 | D | |
| TuS Duchroth | 422 | 2356 | Schubert Martin | 1980 | D | |
| | 421 | 10911 | Wohlleben Rainer | 1964 | D | |
| TuS Leisel | 303 | 6394 | Saar Herbert | 1948 | D | |
| TuS Niederneisen | 302 | 11648 | Müller Thomas | 1964 | D | |
| TuS Rot-Weiss Koblenz | 400 | 578 | Fischer Ingrid | 1961 | D | |
| | 401 | 10587 | Keller Ines | 1973 | D | |

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| Anzahl der Teilnehmer: | | 129 | | | | |
|---------------------------|-------|-------|----------------|------|------|------|
| Verein | StNr. | Code | NAME Vorname | Jg | Nat. | Chip |
| TuS Wehlen | 399 | 12024 | Frank Hans-Leo | 1964 | D | |
| TV Hermeskeil 1911 | 317 | 11803 | Bock Alexander | 1992 | D | |
| | 318 | 11296 | Thewes Kevin | 1991 | D | |
| VfL Algenrodt | 314 | 4675 | Knieling Hans | 1949 | D | |
| | 313 | 9868 | Knieling Willi | 1944 | D | |
| | 312 | 6402 | Schön Klaus | 1936 | D | |