



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
1		00:29:19	3141	Kranz, Christoph		DJK Wißmannsdorf	1955	1	M50	05:51,8
2		00:29:33	3130	Bayerschen, Johann		DJK Wißmannsdorf	1949	1	M55	05:54,6
3		00:30:44	3135	Hummer, Jos	LUX	LT Mertesdorf	1946	1	M60	06:08,8
4		00:32:57	3117	Gnad, Hermann		TuS Longuich-Kirsch	1954	2	M50	06:35,4
5		00:35:52	3048	Butterweck, Peter		LT Laeisenhof	1991	1	MJugB	07:10,4
6		00:35:52	3097	Oelschlägel, Stanley		LT Laeisenhof	1988	1	MHK	07:10,4
7		00:36:09	3144	Pitsch, Hans-Josef		TV Andel	1960	1	M45	07:13,8
8		00:36:24	3096	Frauenhoff, Thomas		LT Laeisenhof	1993	2	MJugB	07:16,8
9		00:37:30	3143	Reitz, Heribert		TV Andel	1952	2	M55	07:30,0
10		00:38:29	3080	Strehlau, Kevin		LT Laeisenhof	1993	3	MJugB	07:41,8
1	W	00:39:17	3136	Regneri, Anja		getfit Trier	1968	1	W40	07:51,4
2	W	00:39:22	3094	Wittling, Regina		Utzerather-Lauftreff	1948	1	W60	07:52,4
11		00:39:36	3137	Matheis, Dr. Günther		Trier	1959	2	M45	07:55,2
3	W	00:41:10	3134	Sorge, Bettina		LT Mertesdorf	1967	2	W40	08:14,0
12		00:41:11	3133	Kamenzke, Hans Walter		LT Mertesdorf	1950	3	M55	08:14,2
4	W	00:41:41	3146	Schoen, Hilde		TuS Altweidelbach	1956	1	W50	08:20,2
5	W	00:43:46	3108	Plitzko, Monika		nordic-fitness-trier	1947	2	W60	08:45,2
6	W	00:44:05	1132	Stöffin-Wio, Ute		SC Bleialf	1964	3	W40	08:49,0
7	W	00:45:11	3050	Stoffels, Marlies		LT Mertesdorf	1951	1	W55	09:02,2
13		00:45:13	3145	Ruloff, Max		Klausen	1944	2	M60	09:02,6
14		00:45:16	3139	Merz, Oswald		LT Mertesdorf	1949	4	M55	09:03,2
8	W	00:45:16	3140	Merz, Hilde		LT Mertesdorf	1953	2	W55	09:03,2
9	W	00:45:17	3099	Ochs, Tina			1984	1	WHK	09:03,4
10	W	00:45:17	3147	Merz, Tanja		Prüm	1974	1	W30	09:03,4
11	W	00:45:20	3102	Schüller, Pia		nordic-fitness-trier	1957	2	W50	09:04,0
12	W	00:45:21	3049	Kollig, Irene		LG Pronsfeld-Lünebach	1955	3	W50	09:04,2
15		00:45:23	3142	Munkler, Reinhard		SC Irrhausen	1959	3	M45	09:04,6
13	W	00:45:26	3104	Dany, Sigrid		nordic-fitness-trier	1956	4	W50	09:05,2
14	W	00:45:39	3121	Läuger, Dr. Ricarda		Stuttgart	1963	1	W45	09:07,8
15	W	00:45:39	3126	Rehbein-Striezel, Gabi		nordic-fitness-trier	1957	5	W50	09:07,8
16	W	00:45:40	3110	Lemling, Elisabeth		nordic-fitness-trier	1942	1	W65	09:08,0
17	W	00:45:44	3101	Lamock, Elisabeth		nordic-fitness-trier	1937	1	W70	09:08,8
18	W	00:45:44	3109	Wittig, Brigitte		nordic-fitness-trier	1939	2	W65	09:08,8
19	W	00:45:45	3095	Rex, Melanie		nordic-fitness-trier	1974	2	W30	09:09,0
20	W	00:45:45	3107	Buteweg, Renate		nordic-fitness-trier	1953	3	W55	09:09,0
16		00:45:46	3105	Dany, Christian		nordic-fitness-trier	1956	3	M50	09:09,2
21	W	00:45:46	3106	Schwind, Christine		nordic-fitness-trier	1956	6	W50	09:09,2
22	W	00:45:47	3103	Strenzler-Fries, Sigrid		nordic-fitness-trier	1956	7	W50	09:09,4
23	W	00:45:53	3113	Elsen, Katja		nordic-fitness-trier	1967	4	W40	09:10,6
24	W	00:45:53	3112	Smoll, Marlis		nordic-fitness-trier	1942	3	W65	09:10,6
25	W	00:45:54	3150	Kertels, Henny		nordic-fitness-trier	1935	2	W70	09:10,8
17		00:45:55	3114	van Bellen, Wolfgang		nordic-fitness-trier	1957	4	M50	09:11,0
18		00:46:37	3132	Wittling, Stefan		Utzerather-Lauftreff	1946	3	M60	09:19,4
26	W	00:47:23	3131	Jung, Sarah		Trier	1984	2	WHK	09:28,6
19		00:47:26	3123	Köhl, Erich		Die Griechen	1937	1	M70	09:29,2
27	W	00:52:24	3122	Köhl, Maria		Die Griechen	1937	3	W70	10:28,8
20		00:52:25	3124	Köhl, Uwe		FKS	1960	4	M45	10:29,0