Kreismeisterschaften
Sprint / Mittelstrecke

Samstag, 12.09.2009
Oberwaldstadion Selters

Zeit	Männer	MJA	MJB	Frauen	WJA	WJB	M15/14	M13/12	M11/10	W15/14	W13/12	W11/10	Zeit
13.00												50mZE	13.00
13.15									50mZE				13.15
13.30											75mZE		13.30
13.40								75mZE					13.40
13.50										100mZE			13.50
14.00							100mZE						14.00
14.20				100mZE	100mZE	100mZE							14.20
14.35	100mZE	100mZE	100mZE										14.35
14.50				800mZE	800mZE	800mZE							14.50
15.00	800mZE	800mZE	800mZE										15.00
15.15										800mZE	800mZE	800mZE	15.15
15.30							300mZE			300mZE			15.30
15.45							1000mZE	1000mZE	1000mZE				15.45
16.00				200mZE	200mZE	200mZE							16.00
16.15	200mZE	200mZE	200mZE										16.15
16.30				400mZE	400mZE	400mZE							16.30
16.45	400mZE	400mZE	400mZE										16.45