

Zeitplan M/W 12/13

Rheinlandbestenkämpfe Block

20. Juni 2010

	M 12	M 13	M 12	M 13	M 12/13	W 12	W 13	W 12	W 13	W 12/13	
	BSS	BSS	BL	BL	BW	BSS	BSS	BL	BL	BW	
	9	16	11	14	4 / 9	16	22	9	21	2 / 4	
10:30	60m H					Ball 1	Ball 2	Weit 1	Weit 2		10:30
10:40		60m H									10:40
10:50				60m H						Diskus	10:50
11:00			60m H								11:00
11:10	Hoch 1	Hoch 2			60m H						11:10
11:20											11:20
11:30				Weit 1		60m H					11:30
11:40			Weit 2				60m H				11:40
11:50					Diskus						11:50
12:00										60m H	12:00
12:10								60m H			12:10
12:20							Hoch 1		60m H		12:20
12:30											12:30
12:40						Hoch 2					12:40
12:50	Ball 1	Ball 2									12:50
13:00					Weit 2						13:00
13:10										Weit 1	13:10
13:20				Ball 1							13:20
13:30			Ball 2								13:30
13:40		Weit 2									13:40
13:50											13:50
14:00	Weit 1							Ball 1	Ball 2	Kugel	14:00
14:10											14:10
14:20											14:20
14:30						75 m					14:30
14:40					Kugel		75 m				14:40
14:50			75 m								14:50
15:00				75 m							15:00
15:10						Weit 1		75 m			15:10
15:20									75 m		15:20
15:30							Weit 2				15:30
15:40	75 m										15:40
15:50		75 m									15:50
16:00					75 m						16:00
16:10										75 m	16:10
16:20									800 m		16:20
16:30								800 m			16:30
16:40			1000 m								16:40
16:50				1000 m							16:50

Zeitplan M/W 14/15

Rheinlandmeisterschaften

Block

20. Juni 2010

M14	M15	M 14/15	M 14/15	W 14	W 15	W 14/15	W 14/15
BSS	BSS	BL	BW	BSS	BSS	BL	BW
10	8	6 / 6	4 / 1	18	10	6 / 3	12 / 6

12:30	Weit 1	Weit 2					80 m Hü	12:30
12:40			Diskus					12:40
12:50						80 m Hü		12:50
13:00				80 m Hü				13:00
13:10								13:10
13:20					80 m Hü			13:20
13:30							Diskus	13:30
13:40		80 m Hü				Weit 1		13:40
13:50			80 m Hü					13:50
14:00	80 m Hü							14:00
14:10				Hoch 2				14:10
14:20					Hoch 1			14:20
14:30			Weit 1					14:30
14:40								14:40
14:50		Ball 1					Weit 2	14:50
15:00								15:00
15:10								15:10
15:20				Speer Gr. 1		Ball 2		15:20
15:30	Hoch 1		Kugel					15:30
15:40								15:40
15:50		Hoch 2	Weit 1					15:50
16:00				Speer Gr. 2			Kugel	16:00
16:10								16:10
16:20								16:20
16:30	Speer Gr. 1							16:30
16:40								16:40
16:50								16:50
17:00						100m		17:00
17:10	Speer Gr. 2			100m				17:10
17:20					100m			17:20
17:30		100m						17:30
17:40							100m	17:40
17:50			100m	Weit 1				17:50
18:00	100m				Weit 2			18:00
18:10		100m						18:10
18:20								18:20
18:30						2000 m		18:30
18:45		2000 m						18:45