



COMPETITION SCHEDULE

MONDAY, 25 JULY

Time	Track Events	Field Events
10:00		Discus Q I Boys
12:00		Discus Q II Boys Triple Jump Q I Girls
14:30		Triple Jump Q II Girls
15:00	100m Heats Girls	Discus Q I Girls
15:30	100m Heats Boys	High Jump Q I & Q II Girls
16:00	400m Heats Girls	
16:30	400m Heats Boys	
17:00	2000m St Final Girls	Discus Q II Girls
17:15	2000m St Final Boys	
18:00	1500m Heats Boys	
18:30	1500m Heats Girls	


TUESDAY, 26 JULY

Time	Track Events	Field Events
10:00		Hammer Q I Girls Long Jump Q I Boys
12:00		Hammer Q II Girls Long Jump Q II Boys
14:30		Pole Vault Final Girls
14:35		Discus Final Girls
15:00	100 HRD Heats Girls	
15:30	110 HRD Heats Boys	
15:50	100m Semi Final Girls	
16:00	100m Semi Final Boys	
16:15	800m Heats Girls	
16:30		Triple Jump Final Girls
16:35	800m Heats Boys	
17:00		High Jump Girls Final
17:05	100m Final Girls	
17:15	100m Final Boys	
17:30	3000m Final Girls	Discus Final Boys
18:00	3000m Final Boys	
18:30	400m Semi Final Girls	
18:45	400m Semi Final Boys	



**WEDNESDAY, 27 JULY**

Time	Track Events	Field Events
10:00		Hammer Q I Boys Triple Jump Q I Boys
12:00		Triple Jump Q II Boys Hammer Q II Boys High Jump Q I & Q II Boys
15:00	400m HRD Heats Boys	Javelin Q I Girls Shot Put Q I Girls
15:30	400m HRD Heats Girls	
15:50	200m Heats Girls	
16:00		Shot Put Q II Girls
16:20	200m Heats Boys	
16.30		Long Jump Final Boys
16:45	400m Final Girls	
16:55	400m Final Boys	
17:00		Shot Put Q I Boys
17:05		Javelin Q II Girls
17:20	1500m Final Girls	
17:30	1500m Final Boys	
17:50	100m HRD Semi Final Girls	
18:00		Shot Put Q II Boys
18:20	110m HRD Semi Final Boys	


THURSDAY, 28 JULY

Time	Track Events	Field Events
10:00		Javelin Q I Boys Long Jump Q I Girls
12:00		Javelin Q II Boys Long Jump Q II Girls
14:00		Hammer Final Boys
14:30		High Jump Final Boys
14:55		Shot Put Final Girls
15:00	400m HRD Final Boys	
15:10		Triple Jump Final Boys
15:20	400m HRD Final Girls	
15:35	200m Semi Final Girls	
15:50	200m Semi Final Boys	
16:00		Hammer Final Girls
16:05		Shot Put Final Boys
16:25	110m HRD Final Boys	
16:45	100m HRD Final Girls	
17:10	4x100m Relay Q Boys Heats	
17:30	4x100m Relay Q Girls Heats	



FRIDAY, 29 JULY

Time	Track Events	Field Events
12:00		Javelin Final Girls
12:05		Pole Vault Final Boys
12:10		Long Jump Final Girls
13:00	200m Final Girls	
13:10	200m Final Boys	
13:30		Javelin Final Boys
13:40	800m Final Girls	
13:50	800m Final Boys	
14:30	4x100m Relay Final Girls	
14:45	4x100m Relay Final Boys	