

# 1. Maischeider Läufermeeting

	Bambini I.	Bambini II.	Sch D M8/9	Schi D W8/9	Sch C M10/11	Schi C W10/11	Sch B M12/13	Schi B W12/13	Sch A W14/15	Schi A W14/15	MJB	WJB	MJA	WJA	Männer&	Frauen&
Jhrg.	2006+jünger	2004/2005	2003/2002	2003/2002	2001/2000	2001/2000	1999/1998	1999/1998	1997/1996	1997/1996	1995/1994	1995/1994	1993/1992	1993/1992	Senioren	Seniorinnen
12:00							ZL 75m	ZL 75m								
12:15										ZL 100m		ZL 100m				
12:30									ZL 100m		ZL 100m					
12:45													ZL 100m		ZL 100m	
13:00														ZL 100m		ZL 100m
13:15	250m															
13:45									ZL 300m	ZL 300m						
14:00							4x75m									
14:15								4x75m								
14:30									4x100m		4x100m		4x100m			
14:45										4x100m		4x100m		4x100m		
15:00															4x100m	4x100m
15:15											ZL 200m		ZL 200m		ZL 200m	
15:30												ZL 200m		ZL 200m		ZL 200m
15:45		390m														
16:00																
16:15												ZL 400m		ZL 400m		ZL 400m
16:30											ZL 400m		ZL 400m		ZL 400m	
16:45				ZL 800m		ZL 800m										
17:00								ZL 800m		ZL 800m		ZL 800m				
17:15														ZL 800m		ZL 800m
17:30			ZL 1000m		ZL 1000m								ZL 800m		ZL 800m	
17:45							ZL 1000m		ZL 1000m							
18:00																
18:15											ZL 1500m		ZL 1500m		ZL 1500m	
18:30												ZL 1500m		ZL 1500m		ZL 1500m
18:45																
19:00											ZL 5000m	ZL 5000m	ZL 5000m	ZL 5000m	ZL 5000m	ZL 5000m
19:30																
20:30																

5000m Läufe werden nach Vorleistungen eingeteilt!!

Achtung Zeitplanänderung nach Meldungen möglich!!!