

	U 8 2005 - 2006		U 10 2003 - 2004		U 12 2001 - 2002		U 14 1999 - 2000		U 16 1997 - 1998		U 18 1995 - 1996		U 20 1993 - 1994		U 23	
	M < 8	W < 8	Sch D	SchIn D	Sch C	SchIn C	Sch B	SchIn B	Sch A	SchIn A	M Jgd B	W Jgd B	M Jgd A	W Jgd A	Männer	Frauen
12:00			ZL 50m	ZL 50m	ZL 50m	ZL 50m										
12:15							ZL 75m	ZL 75m								
12:30									ZL 100m		ZL 100m					
12:45										ZL 100m		ZL 100m				
13:00													ZL 100m		ZL 100m	
13:15														ZL 100m		ZL 100m
13:30	250m	250m	Bambiniläufe													
13:45	390m	390m	Bambiniläufe													
14:00					4 x 50m	4x 50m										
14:15							4 x 75m	4 x 75m								
14:30									4 x 100m		4 x 100m		4 x 100m			
14:45										4 x 100m		4 x 100m		4 x 100m		
15:00															4 x 100m	4 x 100m
15:15											ZL 200m		ZL 200m		ZL 200m	
15:30												ZL 200m		ZL 200m		ZL 200m
15:45									ZL 300m							
16:00										ZL 300m						
16:15															Promistaffel	
16:30																
16:45												ZL 400m		ZL 400m		ZL 400m
17:00											ZL 400m		ZL 400m		ZL 400m	
17:15				ZL 800m		ZL 800m										
17:30								ZL 800m		ZL 800m			ZL 800m			
17:45														ZL 800m		ZL 800m
18:00			ZL 800m		ZL 800m											
18:15							ZL 800m		ZL 800m							
18:30											ZL 800m		ZL 800m		ZL 800m	
18:45													ZL 1500m		ZL 1500m	
19:00																
19:15														ZL 1500m		ZL 1500m
19:30													ZL 3000m		ZL 3000m	
19:45																
20:00														ZL 3000m		ZL 3000m

Achtung: Zeitplanänderung nach Meldungen möglich !!!