

geänderter Zeitplan Südwestdeutsche und Rheinland Meisterschaft der Senioren am 17.06.2018 in Trier

Zeit	M30/35	M40/45	M50/55	M60/65	M70/75	M80-90	W30/35	W40/45	W50/55	W60/65	W70-90	Zeit											
9:45							Speer 5	Speer 9	Speer 5	Diskus 5	Diskus 5	9:45											
9:50						Hammer 6	Hammer 8					9:50											
10:00						5000m 8	5000m 6			5000m 1	5000m 1	10:00											
10:05												10:05											
10:15	Drei 2	Drei 2	Drei 2									10:15											
10:20							Hoch 2	Hoch 3	Hoch 6	Hoch 1	Hoch 2	10:20											
10:30				Kugel 2 17								10:30											
10:45	5000m 3	5000m 7	5000m 13									10:45											
10:50	Diskus 7	Diskus 7										10:50											
11:00							Kugel 1 19	Hammer 9			Hammer 1	Hammer 2	11:00										
11:15	110m Hü 1					Speer 600 16						11:15											
11:25	110m Hü	110m Hü 2										11:25											
11:30						Drei 7						11:30											
11:35				100m Hü 6			Drei	Drei	Drei 1			11:35											
11:40												11:40											
11:45							100m Hü 1					11:45											
11:55						100m Hü 5						11:55											
12:00				Diskus 16								12:00											
12:05								80m Hü 2				12:05											
12:10							Hammer 3	Hammer 2	Hammer 7			12:10											
12:15	Kugel 2 4	Kugel 2 5				80m Hü 2			80m Hü 3			12:15											
12:25	100m 7					Hoch 10	Hoch 4	Hoch 4				12:25											
12:30		100m 14					Speer 6	Speer 12			Kugel 1 7	Kugel 1 8	12:30										
12:35				100m 17								12:35											
12:40						100m 13						12:40											
12:45	Weit 5	Weit 4	Weit 10			100m 9	100m 4					12:45											
12:50							100m 6					12:50											
12:55								100m 7				12:55											
13:00									100m 7			13:00											
13:05										100m 8	100m 4	13:05											
13:10						Diskus 19						13:10											
13:20	800m 3	800m 7										13:20											
13:25	Hammer 2	Hammer 3	Hammer 6				Kugel 2 6	Kugel 2 7				13:25											
13:30			800m 9	800m 5	800m 7							13:30											
13:40							800m 3	800m 4	800m 2	800m 2		13:40											
13:50	4x100	4x100 3	4x100 1	4x100 2	4x100 2	4x100 2						13:50											
13:55						Weit 12	Weit 6	Weit 3	4x100 1	4x100 1	4x100 2	4x100 2	13:55										
14:00							Kugel 1 15			Speer 3	Speer 5	14:00											
14:15	400m 3	400m 5										14:15											
14:20	Hoch 2	Hoch 4	Hoch 6			Diskus 17						14:20											
14:25			400m 8	400m 7	400m 6	400m 2						14:25											
14:35							400m 2	400m 3	400m 1	400m 3	400m 1	14:35											
14:45	Speer 2	Speer 6	Speer 13						Kugel 2 12			14:45											
14:50												14:50											
15:00												15:00											
15:05	1500m 2	1500m 4	1500m 7	1500m 4								15:05											
15:15						Kugel 1 17						15:15											
15:25							1500m 5	1500m 2	1500m 5	1500m 3	1500m 1	15:25											
15:30							Diskus 10	Diskus 5				15:30											
15:35								Weit 5	Weit 5	Weit 8	Weit 2	Weit 3	15:35										
15:45	200m 6											15:45											
15:50		200m 14										15:50											
16:00			200m 15									16:00											
16:10				200m 14								16:10											
16:20						200m 10	200m 2					16:20											
16:30								200m 4	200m 7			16:30											
16:40								Diskus 8	Diskus 8			16:40											
16:45								200m 9	200m 5	200m 2		16:45											
		49		87		146		145		105		63		46		66		75		40		33	855