Rheinland-Meisterschaften Blockwettkämpfe
07.05.2023 Hachenburg

geänderter Zeitplan

Zeit	MJ U14 (M12/13)			WJ U14 (W12/13)			Zeit
	BSS	BL	BW	BSS	BL	BW	
	4/8	12/10	5/3	9/12	11/10	3/8	95
10:30	60m Hü		Kugel	Speer W13	Weit 1+2		10:30
10:45		60m Hü					10:45
11:00	Hoch 2					60m Hü	11:00
11:10		Weit 1+2	60m Hü	Speer W12			11:10
11:30					60m Hü	Kugel	11:30
11:45				60m Hü			11:45
11:50			Weit 1				11:50
12:00						Diskus	12:00
12:15		Ball		Hoch 1+2			12:15
12:25							12:25
12:30							12:30
12:35							12:35
12:40	Speer					Weit 1	12:40
13:00					Ball		13:00
13:15			Diskus				13:15
13:25							13:25
13:30	Weit 1						13:30
13:45							13:45
13:50							13:50
14:00				75m			14:00
14:15		75m					14:15
14:20							14:20
14:30					75m		14:30
14:45						75m	14:45
14:50							14:50
14:55			75m	Weit 2			14:55
15:00							15:00
15:05	75m						15:05
15:20		800m M12					15:20
15:25							15:25
15:30		800m M13					15:30
15:40					800m W12		15:40
15:50					800m W13		15:50
16:10							16:10
16:15							16:15
16:20							16:20
16:30							16:30
16:40							16:40
16:50							16:50
17:05							17:05
17:10							17:10
17:20							17:20
17:30							17:30

	MJ U16 (M14/15)			WJ U16 (W14/15)			Zeit
	BSS	BL	BW	BSS	BL	BW	
	10/3	6/2	3/2	19/19	4/6	5/4	
10:30							10:30
10:45							10:45
11:00							11:00
11:10							11:10
11:30							11:30
11:45							11:45
11:50							11:50
12:00							12:00
12:15							12:15
12:25					80m Hü		12:25
12:30	Weit 2						12:30
12:35				80m Hü			12:35
12:40							12:40
13:00							13:00
13:15			Diskus		Weit 2	80m Hü	13:15
13:25		80m Hü					13:25
13:30	80m Hü			Hoch 1+2			13:30
13:45						Diskus	13:45
13:50			80m Hü				13:50
14:00		Ball					14:00
14:15				Speer A (11-13)			14:15
14:20						Weit 2	14:20
14:30							14:30
14:45					Ball		14:45
14:50				Speer B (11-13)			14:50
				Weit 1 A (11-13)			
14:55							14:55
15:00	Hoch 1						15:00
15:05							15:05
15:20							15:20
15:25				Speer C (11-13)			15:25
				Weit 1 B (11-13)			
15:30			Kugel			Kugel	15:30
15:40							15:40
15:50				Weit 2 C (11-13)			15:50
16:10		100m	Weit 1				16:10
16:15	Speer						16:15
16:20					100m		16:20
16:30						100m	16:30
16:40		Weit 2		100m W14			16:40
16:50				100m W15			16:50
17:05			100m				17:05
17:10	100m						17:10
17:20					2000m		17:20
17:30		2000m					17:30